

## Writing Exercise: First Steps into the Landscape of the Heart

1. Write down your least favorite color.
2. Write down your least favorite geography.
3. Write down your least favorite season.
4. Write down your least favorite place.
5. Write down your favorite person (outside of family).

Now, take these answers and plug them into:

- Your own story where you've had an argument with this person and you're positive that you're right (although you may or may not be).
- Describe the setting, in detail (using all your senses)
- Use the setting to inform the interior emotions that characters are feeling.
- DO NOT tell us how they feel—use only the setting, character descriptions, and dialogue to SHOW us.